

# THE CLIFFS

## RESTAURANT & BAR



Welcome to The Cliffs, a family friendly restaurant and bar in the unique coastal location of Morfa Nefyn.

Our Summer menu features a selection of newly curated dishes alongside established "Cliffs' Favourites".

Our menu changes every couple of weeks taking advantage of local, fresh and seasonal produce.

Bookings are always advised at this very popular eatery especially if you want to celebrate in style with friends and family.

Croeso i'r Cliffs, bwyty a bâr sydd yn addas i deuluoedd, mewn lleoliad arfordirol unigryw ym Morfa Nefyn

Ar ein bwydlen am y'r haf ceir detholiad o brydau newydd ynghyd â ffefrynnau sefydliedig Y Cliffs.

Mae ein bwydlen yn newid pob ychydig wythnosau gan fanteisio ar gynnyrch lleol ffres a thymhorol. Cynghorir archebu bwrdd pob amser yn y bwyty poblogaidd hwn, yn enwedig os ydych am ddathlu mewn steil gyda ffrindiau a theulu.

**WE HAVE AN ALLERGENS GUIDE TO OUR MENU.  
PLEASE ASK YOUR SERVER FOR INFORMATION SHOULD YOU SUFFER  
FROM INTOLERANCES AND FOOD ALLERGIES**



# DRINKS / DIODYDD

## DRAUGHT/ CWRW CASGEN

PINT - HALF  
PEINT - HANNER

### LAGER

Carling 4.0%	3.90/1.90
Coors Light 4.0%	3.90/1.90
San Miguel 5.0%	4.50/2.20

### DRAUGHT/CWRW CASGEN

Guinness 4.2%	4.40/2.10
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### CIDERS/ SEIDR

Thatchers 4.8%	3.90/1.90
Cloudy Apple 4.5%	3.90/1.90

### BITTERS/CHWERW

Worthingtons 3.6%	3.50/1.70
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### CWRW LLŶN

Porth Neigwl 4.5%	4.00/2.00
Seithenyn Blonde 4.2%	4.00/2.00

### CONWY BREWERY/ BRAGDY CONWY

Beachcomber 4.2%	4.00/2.00
California IPA 4.4%	4.00/2.00

Bitters regulary change... Please ask on availability.

### BOTTLED BEERS/MEWN POTEL

Corona 4.5% 330ml	3.90
Budweiser 4.5% 330ml	3.80
Becks 4.8% 275ml	3.80
Peroni 5.1% 330ml	4.10
Peroni GFA 5.1% 330ml	4.10
Magners 4.5% 568ml	4.20
Heineken Alcohol Free	2.20

Old Mout Cider 4.5% 568ml	4.80
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### Berries & Cherries

Strawberry & Pomegranate

Passionfruit & Apple

Kiwi & Lime

### SOFT DRINKS/ DIODYDD MEDDAL

#### DRAUGHT

Pepsi, Diet Pepsi, Lemonade	3.00/1.50
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#### BOTTLED/MEWN POTEL

Frobishers - 250ml	2.20
Cranberry, Orange, Pineapple, Apple	
Britvic 55 - 275ml	2.00
Orange/Apple	
J20 - 275ml	2.40
Coke/Diet Coke - 200ml	1.30
Fruitshoots - 275ml	1.50
Britvic - 200ml	1.30
Bitter Lemon/Tomato Juice	

## SPIRITS/ GWIRODYDD

GIN - PLEASE SEE OUR  
SEPARATE GIN MENU

### VODKA/ FODCA

Smirnoff 37.5%	3.00
Grey Goose 40%	4.30

### RUM

Mount Gay 40%	3.00
Sailor Jerrys 40%	3.00
Captain Morgan 40%	3.00
Morgan Spiced 35%	3.00
Bacardi 37.5%	3.00
Havana Especial 40%	3.00
Havana 7yr old 40%	3.10
Kraken 40%	3.00
Old J 35%	3.00

### WHISK(EY)/ CHWISGI

Jack Daniels 40%	3.20
Southern Comfort 35%	3.10
Bells 40%	3.00
Glenfiddich 40%	3.50
Penderyn 46%	3.50
Glenmorangie 40%	3.50
Jamesons 40%	3.50

### TEQUILA

Jose Curvero 38%	3.50
Patron Silver 40%	5.00
Patron XO 35%	4.00
Anejo 1800 40%	6.00

### LIQUEURS/GWIRODYDD MELYS

Archers 18%	3.00
Malibu 21%	3.00
Kahula 20%	3.00
Baileys 17%	3.00
Port 20%	3.00
Tia Maria 20%	3.00
Pernod 40%	3.00
Martini Extra Dry 15%	3.00
Passoa 40%	3.00
Jagermeister 35%	3.00
Sambucca 38%	3.50

# STARTERS

## I DDECHRAU

**FRESHLY MADE SEASONAL SOUP (GFA)** 5.50  
**CAWL TYMHOROL FFRES (GFA)**  
sometimes smooth, sometimes rustic

**CALAMARI RINGS / CYLCHOEDD MOR-LAWES** 7.50  
breaded squid rings, served with a lemon mayo  
dill dip and salad

**LAMB KOFTAS / KOFFTA CIG OEN** 7.50  
served with a mint yoghurt dip and salad

**CAMEMBERT (V)** 8.00  
wrapped in filo pastry, served with a thyme  
infused red current and bread to dip

**BAKED FIG / FFIGYSEN WEDI EI PHOBI (GFA, (V))** 7.00  
baked fig with goats cheese, wrapped in parma  
ham and a balsamic glaze and rocket salad.  
(no parma ham for vegetarian)

**STICKY NOODLES / NWDLS GLUDIOG (V)** 7.50  
choose: beef, chicken, veg or prawns (add £1)  
served on a bed of egg noodles, mixed with  
red onions, peppers and chillies, in a slightly  
spicy sauce

**OLD J PRAWNS / CORGIMYCHIAID OLD J (GFA)** 7.50  
king prawns cooked in Old J rum and garlic butter  
on croutes and salad

**BLACK PUDDING / PWDIN GWAED (GFA)** 7.00  
pan fried Bury black pudding topped with  
lamb'kidney and a creamy wholegrain mustard  
sauce

# MAINS / PRIF GWRS

<b>GIANT YORKSHIRE PUDDING/PWDIN SWYDD EFROG ENFAWR</b>	12.50
filled with creamy mash, local pork and leek sausages, roasted red onions and a red wine jus	
<b>WELSH LAMB RUMP / FFOLEN CIG OEN CYWREIG</b>	14.50
served with straw potaoes, seasonal vegetables and fruits of the forest sauce	
<b>FILLET OF SALMON/FFILED O EOG (GFA)</b>	13.95
oven baked salmon with roasted vegetables, cajun spice and honey, sauteéd potatoes and salad	
<b>FISH AND CHIPS/PYSGODYN A SGLODION</b>	12.95
succulent cod fillet deep fried in home made beer batter, chips, mushy peas and our own tartare sauce (GFA)	
<b>WHITBY SCAMPI AND CHIPS/SCAMPI WHITBY A SCLODION</b>	13.50
Whitby breaded scampi, chips, garedn peas and our own tartare sauce	
<b>PAN FRIED SEABASS/DRAENOG MÔR WEDI FFRIO MEWN PADELL (GFA)</b>	14.95
pan fried seabass sat on a bed of creamy dijon mustard leeks. Served with new potatoes and vegetables	
<b>STUFFED CHICKEN/CYW IÂR WEDI EI STWFFIO</b>	13.95
chicken breast stuffed with leeks and mozzarella, wrapped in parma ham. sauteed potatoes, salad and creamy tarragon sauce	
<b>MUSHROOM STROGANOFF/STROGANOFF MADARCH (GFA,V)</b>	11.25
a selection of fresh wild mushrooms in a sherry, cream and caper sauce served with pilau rice	
<b>WARM BEETROOT SALAD/SALAD BETYS CYNNES</b>	10.50
roasted beetroot with feta, mint and salad leaves, drizzled in a vinaigrette dressing	
<b>CHICKEN CEASER SALAD/SALAD CAESAR CYW IÂR</b>	12.95
sliced chicken breast, bacon, cos lettuce, croutons and classic ceaser dressing	
<b>CAJUN SPICED ROULADE (GF)</b>	9.95
cajun sweet potato roulade, filled with vegan cream cheese, sweet and spicy red pepper and red onion chutney	

# CLIFFS' FAVOURITES FFERYNNAU'R CLIFFS

<b>SIMPLE STEAK FRITES/STÊC SYML FRITES (GFA)</b>	15.95
8oz mature rump steak, garlic butter, vine cherry tomatoes and fries	
<b>8oz FILLET STEAK/STÊC FFILED 8owns (GFA)</b>	22.95
cooked to your preference and a choice of either peppercorn or blue cheese sauce, served with chips and a rocket and Parmesan salad	
<b>THE CLIFFS BEEF BURGER/ BYRGR CIG-EIDION Y CLIFFS (GFA)</b>	12.95
8oz burger, bacon, mozzarella, lettuce, tomato, gherkin, burger sauce, fries and coleslaw	
<b>KING PRAWN LINGUINE</b>	14.95
<b>LINGUINE CORGIMWCH MAWR</b>	
prawns cooked in garlic and fresh chillies, roasted red peppers, sunblushed tomatoes and pesto	
<b>STICKY RIBS / ASENNAU GLUDIOG</b>	11.95
slow cooked baby back ribs in our secret sauce served with chips and salad	
<b>LASAGNE</b>	12.95
comforting classic homemade lasagne, chips and salad	
<b>STEAK AND ALE PIE/PEI STÊC a CWRW</b>	12.95
fillet steak pieces, slow cooked in Guinness, with a puff pastry lid, served with vegetables	
<b>CHICKEN CURRY/CYRI CYW IÂR (GFA)</b>	12.95
chicken tikka curry, served either with rice or half rice/ half chips and a poppadom	
<b>STICKY NOODLES/NWDLS GLUDIOG</b>	14.95
choose: beef, chicken, veg or prawns (add 1.00) served on a bed of egg noodles, mixed with red onions, peppers and chillies, in a slightly spicy sauce	
<b>SIDE ORDERS/ARCHEBION AR YR OCHR</b>	
<b>MIXED SALAD/SALAD CYMYSG</b>	3.50
<b>CHIPS/SGLODION</b>	3.50
<b>CHIPS AND CHEESE/SGLODION A CAWS</b>	4.00
<b>SALT AND PEPPER CHIPS/SGLODION HALEN A PUPUR</b>	4.50
<b>ONION RINGS/CYLCHOEDD NIONOD</b>	3.50
<b>MIXED OLIVES/OLEWYDD CYMYSG</b>	3.00
<b>GARLIC CIABATTA/CIABATTA GARLLEG</b>	3.50
<b>GARLIC CIABATTA AND CHEESE/CIABATTA GARLLEG A CAWS</b>	4.00
<b>BREAD AND OILS/BARA AC OLEW</b>	4.50

# CHILDREN'S MENU B W Y D L E N P L A N T

WE CAN PREPARE SMALLER PORTIONS OF SOME DISHES ON OUR MAIN MENU. PLEASE ASK YOUR SERVER

MAE'N BOSIB CAEL PLATIAD LLAI O RAI PRYDAU SYDD AR Y BRIF FWY-  
DLEN. GOFYNNWCH WRTH Y SAWL SY'N GWEINI ARNOCH

sausage, mash, gravy  
selsig, tatws stwnsh a grefi

chicken nuggets and chips  
nygets cyw iâr a sglodion

lasagne and chips  
lasagne a sglodion

mini fish and chips  
pysyodyn bychan a sglodion

4oz beef burger and chips  
byrgyr cig eidion 4owns a sglodion

all served with a choice of beans or peas  
i'w gweini gyda dewis o ffa pôb neu bÿs

a scoop of ice cream  
sgwp o hufen iâ  
a choice of  
vanilla, strawberry or chocolate

dewis o flas  
fanila, mefus neu siocled

£5.95

( extra scoop of ice cream at £1.50 )  
(sgwp ychwanegol o hufen iâ am £1.50)